



making a difference today  
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October 2010

[www.gcu.org.za](http://www.gcu.org.za)

Cannot believe we are heading for the end of year!

What a month at GCU ... Talk about excitement, the saying is true - hard work pays off.

### Hot News

GCU story is part of a book (The Cape Flats Youth Project) which is been published shortly.

Check out our new website!

It is sad reading the newspapers of late with all the gang violence going on the Cape Flats. It makes you think are we ever going to win.

Our latest news does give a glimmer of hope...

October belongs to our rope-skipping girls. Three of them were part of the Western Cape team that competed in the SAGF nationals in Pretoria. Together they brought home 4 medals, two gold and two bronze.

Our soccer season has also come to and end. Our boys did very well. Our u/11 won two trophies, u/13 won one, u/15 won one and our senior team were winners too. We also had four teams in the league knock out semi finals.

Overall, on the playing field, we did well, but more important the team work was unbelievable.

We have already started with our pre season training for 2011. Is very hard for the boys to understand why they need to keep on practicing with no prospect of playing a match. Our motivation for them is 'practice makes perfect'. The other reason is that we going into the festive season and this is really the time when they go astray.

After all the hard work, they looking out for there end of year party and a medal. Our party is at the Sea Point Pavilion on the 20, 21 of November. Feel free to pop in and meet the boys and girls.

If you have any comments or suggestions please drop me an email: [mario@gcu.org.za](mailto:mario@gcu.org.za)

## Life Skills

We still believe when the community takes ownership only then things will happen. We took some of the school dropouts and learners from Woodlands and together they planted some trees.

All they need is an opportunity to show their creativity. What happened after that is amazing. They then decided to start a garden on the street corner where they use to hang out...

## Mario receiving his certificate ...



## Education

Mario attend an instructor coaching course on how to integrated life skills on the training field with YDF. He will run workshop with other coaches around Cape Town

Four of our coaches are attending a coaching course at UWC with SAFA Cape Town. They are very excited about this opportunity, as they will able to coach the kids to the next level.



The boys on the left dropped out of school in grade nine. The boys on the right are still in school but hardly in class due to lack of discipline.

All of them have one thing in common their fathers are inactive in their lives. The lack of guidance and a role model is really a big gap in their everyday lives.

They were so proud of their handy work and the garden is still standing...

Below are the supervisors ...

